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NEWS RELEASE

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HOPE Co-founder Sarah Howroyd Joins iCare Health Network as Program Consultant



MANCHESTER – Sarah Howroyd, co-founder and co-creator of the Manchester, CT HOPE (Heroin/Opioid Prevention and Education) Initiative, has joined iCare Health Network as Substance Use and Behavioral Program Consultant.

In this role, Howroyd will shape iCare mental health and addiction programs to be as person-centered and recovery-oriented as possible. She will make recommendations on iCare’s signature iRecovery program, advise on best practices and consult with residents, families and staff.

According to iCare’s Chief Operating Officer Mike Landi, “We are thrilled to have such a well-regarded advocate and a true change agent joining our team and helping us refine and grow our programs. We look forward to great things from Sarah Howroyd.”

Sarah was named a Hartford Courant Hometown Hero in June 2017 for her extensive work and commitment to the initiative. She was awarded the first Congressional Connecticut Public Safety Award in the state by Senator Steve Cassano and Connecticut Senate for her, “diligent work in combating Connecticut’s Opioid crisis,” in September 2017.

Sarah received her Master of Social Work in Administration degree from UConn School of Social Work, with a Focus Area of Study in Mental Health/Substance Use, and received the National Association of Social Workers (NASW) 2017 MSW Student of the Year Award.

She is a licensed social worker and has extensive expertise in mental health, substance use, co-occurring, and other addictions counseling, interventions, prevention, education, program development, implementation, and oversight.

Sarah is proudly an active member of both the Connecticut Governor's Alcohol and Drug Policy Council (ADPC) and the Connecticut Opioid Overdose Prevention Workgroup.

She frequently utilizes her strong oratorical abilities in public speaking segments while infusing her addiction related expertise with a message of inspiration and hope as a person in long-term recovery from opioids. Sarah is a lifelong change agent and tireless advocate for the betterment of people, families, and communities in need.

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iCare Health Network (IHN) provides management, operating and consulting services to skilled nursing facilities and other healthcare providers. Through its managed facilities IHN offers a range of services including medical, short-term rehabilitation, long-term care, behavioral health, substance use management, and memory care & support services. IHN manages ten sites in Connecticut including four Touchpoints Rehab centers, six Greater Hartford Memory Care Centers, and SecureCare Options/60 West. IHN also offers LTC Integrity audit tools, separate outpatient therapy, rehabilitation and home care units and specializes in healthcare real estate transactions and skilled nursing turnarounds.